

The Voices for Healthy Kids Summit  
The Power of Community






American  
Heart  
Association.

American Heart Association.



Tuesday, September 20

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- 7:00-8:00  **ACTIVITY: Join groups for running or walking/rolling groups through this amazing setting**  
Walking/Rolling Host: Christine Running Host: Phil  
Meet on Patio outside the Lobby Living Room opposite front doors of hotel through this amazing setting.
- 8:00-9:00  **Breakfast &**  **Registration** Location: Tamaya Prefunction & Veranda
- 9:00-10:30  **Establishing a Sense of Place with support of the Tamaya Cultural Center**
-  **The Tamaya Cultural Learning Center** holds a complete retrospective of this Pueblo community's history. Guided by a member of the Santa Ana Tribe, you'll be enlightened by their journey to find this land & the developments they achieved in their culture, social values, religion, agriculture, & form of self-government over the centuries.  
Location: Groups meet outside Cultural Learning Center  
**Tours starting at 9:00 & 9:45 at the front door to the Cultural Center in front of the hotel**
-  **Guided Bosque Tour** through the bosque to learn about the flora & fauna while enjoying breathtaking views of the Rio Grande & the Sandia Mountains. Location: Meet on Patio by Living Room  
**Tours starting at 9:00 & 9:45 from the patio outside the lobby living room at the back of the hotel**
- 10:15-10:30  **Traditional Greeting** Location: Tamaya Ballroom  
*Experience a traditional Pueblo greeting at the beginning of our event. Be personally welcomed by a Pueblo member & draped with a handmade corn necklace, representing friendship, prosperity & good health as you enter the ballroom for the 10:30 session.*
- 10:30-11:15  **Tamaya Dance Exhibition & Discussion** Location: Tamaya Ballroom  
*Honoring the 19 Pueblos in New Mexico, dance groups represent their pueblos with traditional dances & songs unique to their culture & traditions. This exhibition consists of a drum group & four dancers performing their own distinct dance. The pow wow begins with the entrance of the dancers followed by a flag & victory song. The MC explains the different dances & styles throughout the performance.*
- 11:15-11:30  **Welcome from Voices for Healthy Kids Leadership** Location: Tamaya Ballroom  
Lori Fresina, Executive Director, Voices for Healthy Kids & Vice-President, American Heart Association.
- 11:30-12:45  **Bring Your Brave Face, We're Talking Race, Equity & Bias in Advocacy**  
Denise Barreto, entrepreneur, author & TEDx speaker  
*21st Century advocacy call for 21st Century relationship skills. This interactive keynote session will challenge what you think you know about how to engage different groups in your advocacy efforts. Through facilitated discussion, self-discovery challenges & limited prepared content, our speaker will push you to confront & manage bias in your life & equip you with language & skills to be a more inclusive advocate right away.*

12:45--1:30



## Lunch & Table Connections

1:30-2:30



## Introduction to Healing Spaces with Denise Barreto

*Healing Spaces seek to create a brave space for people to process current events with their co-worker & open/continue dialogue on how what's happening "out there" connects to our individual & collective work to be a more equitable organization. Designed to call forth a future of philanthropy & direct services being a leader versus lagging indicator of racial equity.*

2:30-2:45



Movement Break



Technology Check-In



**Break Out Sessions** The afternoon will include two learning & working sessions. Participants are broken into groups & each group will attend both sessions. Please check the back of your name tag for your group assignment.

### Breakout 1A: **Advocate like a Mama!** Location: Badger

Danielle Atkinson, National Executive Director, Mothering Justice

Eboni Taylor, Michigan Executive Director, Mothering Justice

*In this breakout session, we will work together in community to address & minimize white supremacy values that are being upheld in our programming, while using relational organizing tools to initiate community building. Using our connective struggles to advocate for legislative change.*

### Breakout 1B: **Engaging Together – How LGBTQ+ Orgs & You Can Fight for Health Equity** Location: Hawk

Alana Jochum, JD, Executive Director, Equality Ohio

*Equality Ohio is a distinctive leader in the call to action for LGBTQ+ equality, most recently fighting preemption policies that would deny trans youth from participating in sports & medical access. The lessons learned in this fight transcend the Buckeye State. Learnings on cultural humility & relationship building will be shared. An interactive power mapping session will prepare campaigns across the country to build queer alliances & reciprocate with support for equality efforts.*

2:45-3:45



Breakout Sessions 1A or 1B (see back of nametag for schedule)

3:45-4:00



**Tamaya Bread Demonstration, Coffee & Drinks** Location: Tamaya Prefunction

4:00-5:00



Breakout Sessions 1A or 1B (see back of nametag for schedule)

*Please fill out the survey about the day before you leave this session! Survey QR Code:*



5:30-6:00



**Storyteller** Location: Oxbow Terrace near the House of the Hummingbird

*A Santa Ana Pueblo member will teach us about the history of the Pueblo people through storytelling. Pueblo life, culture, crafts, symbolism will also be discussed.*

6:00



**Networking Reception & Dinner** Location: House of the Hummingbird

*Join fellow attendees for a casual networking opportunity with dinner stations. Always a highlight of the event! Cash bar available.*



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Wednesday, September 21

- 7:00  **ACTIVITY:** Join us for a yoga session outside in this amazing setting. Location: Sunrise Amphitheater
- 8:00  Breakfast (8-9 am) &  **NETWORKING** (8:30-9:00 am optional): Location: Tamaya Veranda  
**Meet by Geographic Regions!** Join other attendees for breakfast & connect with others working in your area.
- 9:00-9:15  **Welcome,** Location: Tamaya Ballroom
- 9:15-10:15  **Culture as Prevention, Embracing Culturally Appropriate Tools to Improve Health & Wellbeing with Indigenous Populations**  
Melissa Buffalo, MS (Meskwaki), CEO of the American Indian Cancer Foundations  
*Indigenous peoples experienced historical & contemporary determinants of health impacts & continue cultural-based strength & resiliency practices to improve community health & wellbeing. In this session, the American Indian Cancer Foundation will highlight embracing the culture as a prevention model when working with Indigenous populations. Presenters will share examples of grassroots coalition efforts to implement successful policy, system, & environmental change solutions within Indigenous communities. Culturally appropriate tools & resources will be shared & discussed among attendees. Participants will learn how to mobilize & collaborate with Tribal communities across all sectors, especially in a global pandemic. Learn from shared examples of grassroots coalition efforts in Indian Country, culturally appropriate tools & resources that can be used in policy & systems work with AIAN communities, & how to mobilize & collaborate with Tribal communities across all sectors*
-  **Comprehensive & Culturally Sensitive Health Care for the American Indian & Alaska Native Families in an Urban Setting**  
Francys Crevier (Algonquin), CEO of National Council of Urban Indian Health  
*This plenary presentation will highlight the work of NCUIH as well as the ongoing policy & equity work that continues to improve health care quality for urban Native communities. Participants will learn more about the forty-one urban Indian organizations across the country that provide diverse & culturally responsive wellness programming such as youth empowerment programs, prenatal health, infant feeding education, family wellness, & behavioral health care to children, adolescents & their families, among others. Learn about the policy & equity work to improve health care quality for urban Native communities & how non-Native organizations & individuals can engage & work together to support NCUIH's mission & goals*
- 10:15-10:30  Movement Break/Break  Technology Check-In  Snack Available
- 10:30-11:30  **The Jemez Principles and learning from Advocates from New Mexico**  
Richard Moore, Co-Coordinator, Los Jardines Institute and Co-Chair, White House Environmental Justice Advisory Council  
*In 1996 activist met in Jemez, New Mexico to develop common understandings between participants from different cultures, politics and organizations. They created and adopted the "Jemez Principles" for organizing. Learn from a thought leader and activist present at the creation of the principles about the principles and they how they continue to influence his work.*
- 11:30-12:30  **Using the Power Prism to Maximize Impact**  
**Strengthening Relationships & Building Support at the State & Local level through National Organizations**  
Claudia Goytia, Policy Engagement Manager, Voices for Healthy Kids, Katie Bishop Kendrick, Senior Program Manager, Voices for Healthy Kids & Lori Fresina, Executive Director and Vice President, Voices for Healthy Kids  
*Voices for Healthy Kids builds its campaign work around the Power Prism®, a step-by-step framework for recognizing and acting on opportunities to build momentum in an advocacy campaign. This common-sense framework prompts advocates stop and think*

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about expanding their power through activating any or all of the six advocacy tools, rather than working in a linear fashion. Too often, organizations move from Point A to Point B within an advocacy campaign without considering other opportunities to build power and "squeeze more juice" out of an event. During this interactive work session, be a part of co-create a plan for maximizing the impact of a recent resolution from the National Hispanic Caucus of State Legislators resolution on Promoting Food Equity and Nutritional Security in the United States, including extending SNAP to Puerto Rico utilizing the Power Prism® model.

12:30-1:15



**Lunch & Connections Location: Tamaya Veranda and Prefunction**



### **Break Out Sessions #2: Two Learning & Working Sessions**

Please see the back of your name tag for your group & refer to schedule. Groups will travel together to each session & are broken out by issue area to allow collaboration & issue-specific work whenever possible. 10-minute break between sessions & lunch at 12:45.

#### **Break Out 2A: Relationships Matter! Developing Faith-Based Alliances & Winning Campaigns Together for Health Justice**

Location: Badger

David Masur, PennEnvironment

Pastor Willie Francois, Black Church Center for Justice & Equality

*Developing relationships with faith-based partners takes time & trust.*

*Join this tactical planning workshop as you learn from our experiences to build relationships that result in strong alliances & win campaigns & begin to develop your tactics as we engage in a planning session.*

#### **Break Out 2B: Getting to Yes- Engaging Grassroots & Grass Tops to influence Decision Makers Location: Hawk**

Genoveva Islas, MPH, Founder & CEO, Cultiva La Salud

Elisa Muñoz, Executive Director, NOLA Food Policy

Doris Meier Program Manager, Roots of Change

Darlene Adams Rowland, Executive Director, BREADA

*Tap into creative ways to think outside of the box & reach grassroots & grassstops advocates in unique ways. In this interactive engaging session, walk through current, real-world examples of attention-getting, & results-producing scenarios. Be prepared to get to YES*

1:15-2:15



Breakout Sessions 2A or 2B (see back of nametag for schedule)

2:25-3:25



Breakout Sessions 2A or 2B (see back of nametag for schedule)

3:30-3:50



**Movement Break/Break**



**Technology Check-In**



**Snack Available**

3:50-4:30



### **Putting the Pieces Together: Interactive Session Turning Learning into Action Location: Tamaya Ballroom**

Shelby Pierce, Facilitator, Pierce Porter Facilitation

*In this interactive plenary session summit attendees will engage in large & small group conversations unpacking learnings & takeaways from the event turning learnings into actionable items in their work.*

4:30-4:45



### **Wrap of Day & Evening Review,**

*Please take the end of day/event survey. Point your camera at the QR code for the survey*

4:45-5:15



**Break before Dinner**

5:15-5:45



### **Transportation to Dinner**

Short Shuttle ride or 10-minute path walk to Cottonwood Pavilion. The shuttle will be picking up between 5:30-6:00 from behind the Corn Maiden Restaurant. The paved walking path also begins at the back of Corn Maiden Restaurant.

6:00



### **Dinner & Networking at Cottonwoods Pavilion**

*Join us for a plated dinner & conversation at the beautiful Cottonwoods set in the bosque. Cash bar available.*

7:00-8:00



### **Transportation Back to Main Resort**

Short shuttle ride back to the lobby or a 10-minute walk, low lights on path but expect a dark walk.



*Please note that you may want to prearrange transportation back to the airport in advance as ride sharing services are not always available in a timely fashion. We encourage carpooling & will have sign ups at registration for those who wish to match up. The front desk can assist as needed.*