



This Time Next Week...

Table Discussion:

- 1. One thing you remember from the past 3 days?
(Round-Robin)**
- 2. A high or a low for you (popcorn)**
- 3. A new insight you've gained**
- 4. A next step you want to take**





Write a note to “You” next week, telling yourself 1 thing you want to remember from this experience and what next steps you’re committed to taking as a result of experiencing this event.
