

## Voices for Healthy Kids Summit 2023

### The Political Determinants of Health & How We Can Change Them with Daniel E. Dawes, J.D.

*Our exciting keynote speaker Daniel Dawes, best-selling author of the widely acclaimed, *The Political Determinants of Health* has developed the following questions to help drive further conversation as we translate his teachings into actionable impact on our work.*

#### Discussion Questions

- Which of the three political determinants most affects your line of work? Identify other barriers that have risen from these determinants affecting your ability to carry out your work?
- How do these determinants/barriers impact the community you are trying to serve? Specifically, how does it affect the health of the community?
- How can you use the same determinants that negatively impact your communities to positively overcome these barriers and help them achieve health equity?
- Policy decisions have long-lasting impacts on community health, from food deserts to the availability of healthcare services. What strategies can community leaders employ to effectively communicate the urgency of these issues to policymakers, thereby catalyzing positive change?
- Historically, community engagement has been a powerful tool for social change. How can community leaders best engage their constituencies in a sustained, meaningful way to tackle the systemic issues that contribute to health inequities?