

# Voices for Healthy Kids 2017-2018 Policy Levers



## Community

1. Healthy food financing initiatives—Support public funding to increase the amount of healthy food being offered in underserved communities.
2. SNAP—Support allowing Supplemental Nutrition Assistance Program (SNAP) recipients to use their benefits at the market and/or funding for programs that significantly increase SNAP benefits when used on fruits and vegetables.
3. Healthy food options for public places —Support healthy vending, service, and institutional food procurement policy on government property.
4. Healthy restaurant kids' meals—Ensure all restaurant meals sold to children meet nutrition standards. Remove sugary drinks from all restaurant children's meals.
5. Bike and pedestrian appropriations—Support state and local financing mechanisms that create equitable, long-term funding for bicycling and walking.
6. Complete streets— At the state and local level, require that all road construction and reconstruction create complete streets that are safe and convenient for diverse users and all modes of transportation.
7. Safe routes to school—Codify safe routes to school programs in state law and secure appropriations or Transportation Alternatives Program (TAP) allocations for both infrastructure and non-infrastructure projects.
8. Preemption – Support the repeal of language limiting the ability of municipalities to regulate, tax or otherwise enact legislation stronger than state law regarding issues related to the Voices for Healthy Kids policy agenda. Oppose legislation limiting the ability of municipalities to regulate, tax or otherwise enact legislation stronger than state law regarding issues related to Voices for Healthy Kids policy agenda.
9. Sugary drink warning labels – Require beverage manufacturers to either change their product labels and/or marketing campaigns or adhere a label to the product at point of sale to highlight health issues related to overconsumption.

## Schools

10. School foods—Increase the number of states that have statewide policies for schools to implement both federal competitive foods standards and the meal standards outlined in the Healthy, Hunger Free Kids Act.
11. Physical activity and physical education—Promote more frequent, effective physical education in schools as the cornerstone of comprehensive physical activity before, during and after the school day. Address standards-based curriculum, appropriate professional development for teachers, teacher certification/licensing, waivers/substitution, student assessment, and accountability. Support other physical activity opportunities including active transportation policy (Safe Routes to School), recess, classroom physical activity breaks, shared use policies, and intramural/club/varsity sports programs.
12. School marketing—Eliminate marketing of unhealthy foods and beverages in schools.

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13. Wellness policies—Establish state regulations to support and strengthen the local school wellness policy requirements of the U.S. Department of Agriculture’s (USDA) proposed rule under the Healthy, Hunger-Free Kids Act of 2010. Support the creation and strengthening of school health councils.
14. Water access—Ensure water is free, clean and accessible in school and childcare settings.
15. Every Student Succeeds Act—Increase the number of states education accountability plans that include physical education as an indicator. Secure funding for physical education, health education and physical activity programs available through block grants to states under Title IV of ESSA.

## Early Care and Education & Out-of-School Time

16. Early care & education—Establish statewide nutrition, physical activity, sugary drink, and screen time standards for early childcare providers. Create recognition or designation program. Secure public funding for technical assistance. Eliminate marketing in child care settings.
17. Out-of-school time providers— Pursue policy change that require out-of-school time programs to integrate Healthy Eating & Physical Activity (HEPA) standards into out-of-school time and/or child care licensing standards, rating systems, and programs such as recognition programs, accreditation programs, certification requirements. Secure public funding for technical assistance.

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